



Surf City Squeeze has listed the top eight food allergens recommended by the FDA.
The X indicates the item contains the specified allergen.

Item	Allergens							
	SOY	EGGS	MILK	PEANUT	WHEAT	TREE NUTS	FISH	SHELLFISH
Chillers								
Apple Strawberry								
Guava Strawberry								
Lemon Strawberry								
Orange Strawberry								
Pineapple Strawberry								
Strawberry Strawberry								
Watermelon Strawberry								
South Pacific								
Smoothies								
Banana Banana	X		X					
Blueberry Banana	X		X					
Blueberry Pineapple	X		X					
Mango Banana	X		X					
Orange Orange	X		X					
Peach Mango	X		X					
Pineapple Coconut Orange	X		X					
Pineapple Peach	X		X					
Raspberry Banana	X		X					
Strawberry Banana	X		X					
Strawberry Peach	X		X					
Triple Berry	X		X					
Loose Lips Squeeze	X		X					
Power Energy Squeeze	X		X					
Recovery Squeeze	X		X					
Rejuvenator Squeeze	X		X					
Solstice Squeeze	X		X					
Stripper Squeeze	X		X					
Thinker Squeeze	X		X					
Bee Stinger	X	X	X					
Blue Aloha	X		X		X			
Ginseng Fling	X	X	X					
Island Bear	X		X					
Marathon	X		X					
Power Pump	X	X	X					
Super Squeeze	X	X	X					
Chocolate Banana	X		X					
Chocolate Covered Strawberry	X		X					
Extreme OREO®	X		X		X			
Mocha Java	X		X					
Peanut Butter Banana	X		X	X				
Peanut Butter Chocolate	X		X	X				
Lemonade and Juice								
Apple Juice								
Carrot Juice								
Orange Juice								
Lemonade								
Raspberry Lemonade								
Strawberry Lemonade								
Supplements								
Bee Pollen								
Brewer's Yeast								
Carbohydrate Powder								
Ginseng								
Green Tea Powder								
Lecithin	X							
Multi-Vitamin Blend								
Spirulina								
Wheat Germ					X			
Wheat Grass								
Whey Protein		X	X					
Smoothie Mix*	X		X					

*Smoothies contain sodium casinate, a derivative of milk; contains no lactose

*Smoothies contain coconut oil.

Common Tree Nuts that may be found in our stores include almonds, cashews, chestnuts, coconut, macadamia nuts, pecans, pistachios, and walnuts. The Allergen information Surf City Squeeze has provided is based on standard product formulations. Product variations may occur based on regional differences, ingredient substitutions, seasonal conditions, differences in product production at the store, and suppliers. Some items listed may not be available in all stores. This list may not include test products, limited time offers, and regional menu variations.

These supplements have not been evaluated by the FDA. They are not intended to diagnose, prevent, treat, mitigate or cures, any disease but rather as a dietary supplement intended only for nutritional support to a well balanced diet of food. Please consult your physician before starting any supplement program, especially if you are pregnant, nursing or taking medication. These products are not recommended for children.